CONTINUE \$500,000 FUNDING FOR COMMUNITY-BASED PROGRAMS FROM NAMI WASHINGTON

Every \$1 invested in behavioral health prevention and early intervention programs can save the state \$2 to \$10 in savings in healthcare, education, criminal and juvenile justice costs.

CONTINUING \$500,000 FUNDING IS COST-SAVINGS

- NAMI programs are an integral part of prevention and early intervention.
- Investing in community supports reduces the use of more costly, higher-level services.
- These programs are not duplicated within the behavioral health system.



PROGRAMS ARE EVIDENCE-BASED



- NAMI programs such as <u>Basics</u>, <u>Family-to-Family</u>, <u>Ending the Silence</u>, and <u>Homefront</u> are evidence-based practices.
- Evidence points to increased health and wellness benefits from peer support services; all programs are led by volunteer family members and peers.

SUPPORT IS ACCESSIBLE DURING COVID-19

- NAMI successfully transitioned all programming to Zoom to increase accessibility to these supports.
- This transition has allowed for an increase in users across the state to access support during these challenging times.
- You can find access to our online offerings <u>here</u>.



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